

The Current Regulatory Environment and its Impact on the Analysis of Safety Data AND Some Comments on the Role of Statisticians in Safety Assessment During Development

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S Safety
P Planning
E Evaluation
R Reporting
T Team

Introduction

- SPERT
 - formed in 2006 by PhRMA*
 - Industry biostatisticians, epidemiologists, and safety physicians + representative(s) from FDA
- Goal: recommend an industry standard for safety planning, data collection, evaluation and reporting
- Scope: new product development programs
 - First-in-human through planning of post-approval period

* Pharmaceutical Research and Manufacturers of America

The environment

- You may have noticed the increased focus on drug safety by FDA and other health authorities
 - Many well-publicized recent examples of drug withdrawals, restrictions on use, etc.
 - Clinical program for a new pain drug (with a novel mechanism: anti-NGF) is on clinical hold
- SPERT developed as a “proactive response” to this concern about safety

Key SPERT Ideas

- Planning for safety assessment not always well-defined or coordinated program-wide
- Focus on individual trials
- Often wait for Summary of Clinical Safety just prior to submission of the application
- Concept: Opportunity to respond to evolving safety/tolerability profile may be missed by waiting
- **Could** result in an avoidable gap in knowledge of the safety profile at time of submission.

Key SPERT Ideas (cont)

- Proactive approach with the goal of providing a more complete safety profile at the time of new product approval
 - to meet the expected demands by health authorities
- Establishment of Safety Management Teams (SMTs) as recommended in CIOMS* VI.
 - Review of safety data from all available sources **at regular intervals** during clinical development and marketed use of a product
 - Earlier planning with appropriate level of detail documented in a Program Safety Analysis Plan (PSAP) or equivalent

* CIOMS = Council for International Organizations of Medical Sciences

Proactive Approach

- Look early, look at regular intervals.
- Consider data standardization issues *early*, to facilitate ongoing integration and interpretation.
- Adjust objectives as new safety information emerges.

Program Safety Analysis Plan (PSAP)

- *Program-wide* analytical plan
 - Potential and identified risks
 - Identification of safety signals
- A 'living' document, amended as needed
- Discussed with FDA and other regulatory agencies (e.g., end-of-phase II meeting)
- **POINT: Make safety analysis plans look more like efficacy analysis plans than they have in the past**

Other things going on: changes to the environment

- FDA guidance on safety assessment during drug development (PSAP)
 - Coming sometime (soon?)
- FDA guidance on meta-analysis in drug safety assessment
 - Pre- and post-approval (definitely coming soon)
- CIOMS X Working Group: Considerations for applying good meta-analysis practices to clinical data within the biopharmaceutical regulatory process

How to get involved

- Let your manager(s) know of your interest in particular subjects
 - Talk to him / her directly
 - Speak up at meetings
 - Look for announcements
- Volunteer to participate, e.g., to contribute to responses to requests for public comments
- Be smart and articulate

EXAMPLES

To illustrate challenges that arise
in practice
(not to generate controversy)

Benefits and harms of erythropoiesis-stimulating agents for anemia related to cancer: a meta-analysis

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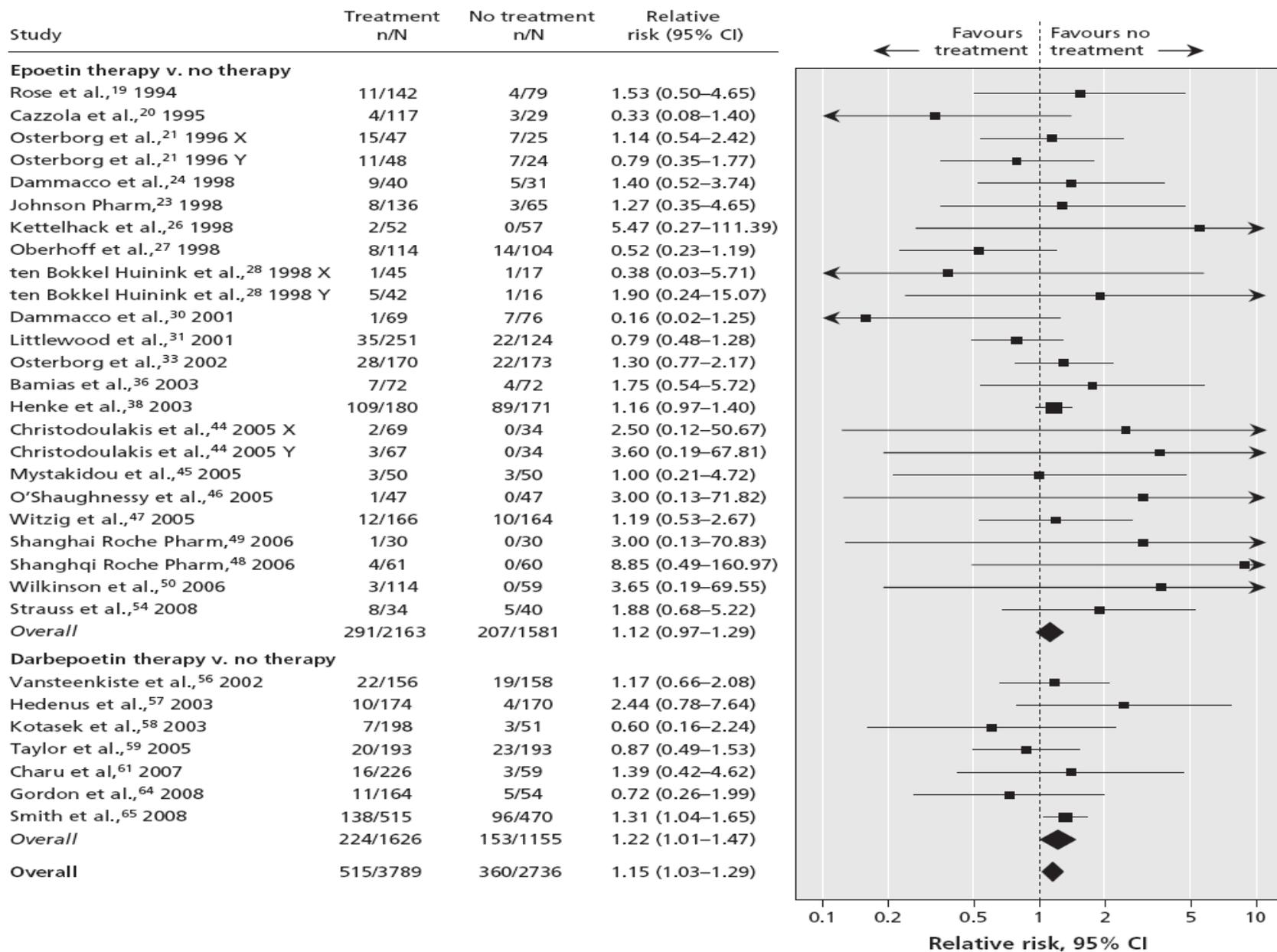


Figure 2: Effect of treatment with erythropoiesis-stimulating agents versus no treatment on all-cause mortality. CI = confidence interval. The letters X and Y following study names are indicated for studies with more than one treatment arm.

From Table 1 of CMAJ

Patient subgroup	Mortality		
	n/N	RR (95% CI)	<i>I</i> ² , %
Any hemoglobin level at baseline			
All patients	31/6525	1.15 (1.03–1.29)	0
No chemotherapy-induced anemia	8/2252	1.22 (1.06–1.40)	0
Chemotherapy-induced anemia	23/4273	1.04 (0.86–1.26)	0
Target hemoglobin < 120 g/L	9/2436	1.15 (0.94–1.40)	2
Baseline hemoglobin < 100 g/L			
All patients	14/3631	1.04 (0.81–1.32)	28
Chemotherapy-induced anemia	13/2646	0.96 (0.73–1.26)	18
Chemotherapy-induced anemia, target hemoglobin < 120 g/L	3/289	0.77 (0.36–1.66)	41
Baseline hemoglobin 100–120 g/L	14/2478	1.16 (0.99–1.36)	0
Baseline hemoglobin > 120 g/L	1/94	3.00 (0.13–71.82)	NA
Baseline hemoglobin unclear	2/322	2.20 (0.38–12.79)	34

Note: RR = relative risk, CI = confidence interval, NA = not applicable.

Figure 5: Lancet (using IPD)

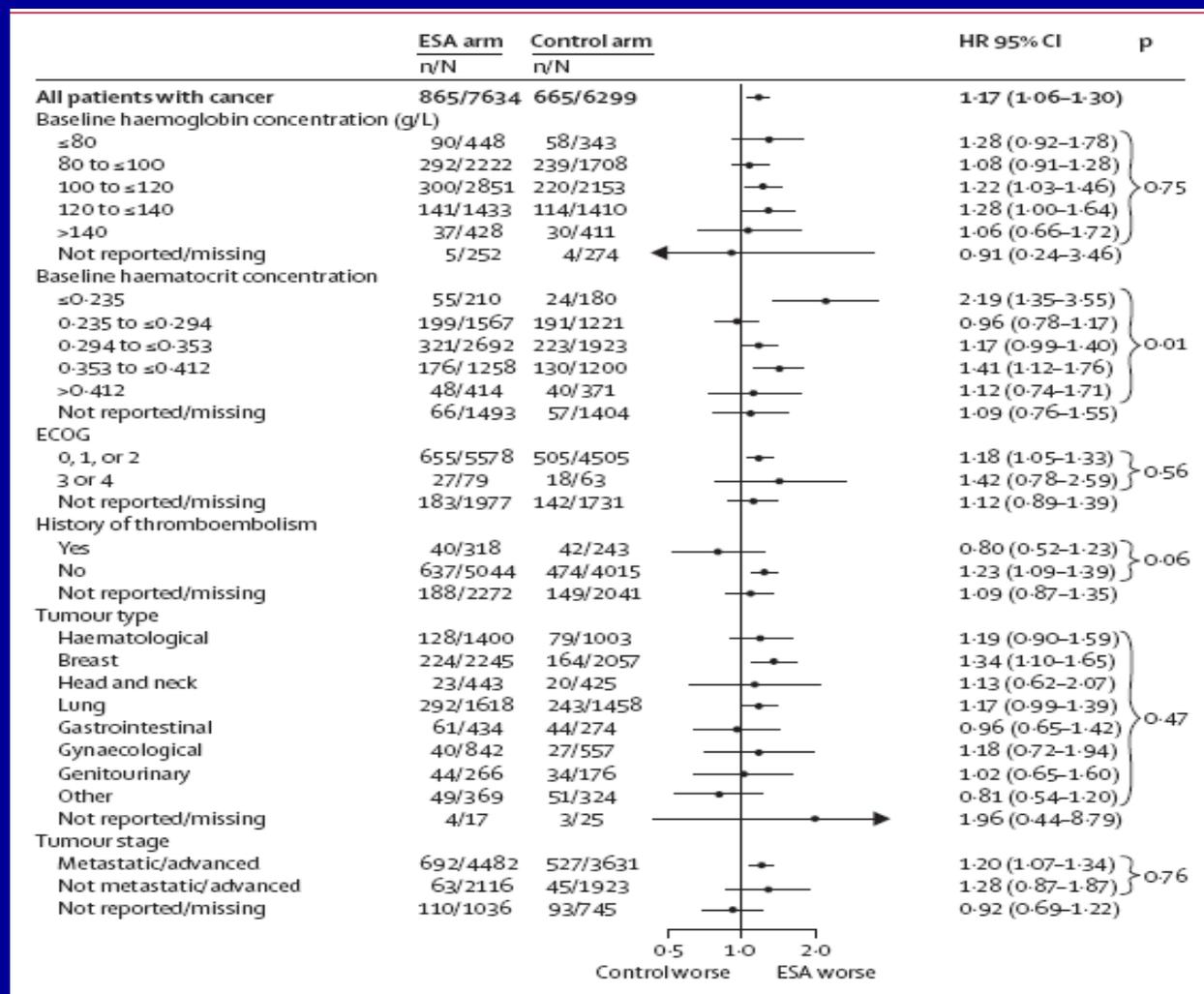


Figure 5: Mortality in all patients with cancer during active study periods, stratified by patient characteristics
 Solid circles represent subgroup hazard ratios (HRs). Horizontal lines indicate 95% CIs. The p value for interaction is based on fixed-effects Cox model stratified by study. Subgroups of patients with unknown or missing values for a variable are shown but are excluded from the interaction test. ESA=erythropoiesis-stimulating agents. n=number of deaths. N=number of patients.

Issues Raised by ESA Analyses

- Were study designs “appropriate” for understanding mortality?
 - Length of follow-up? (why discard *any* data?)
 - Study size? (why discard *any* data?)
 - Predefining subgroups of interest (e.g., anemia correction vs. beyond anemia correction)
 - Standardizing definitions of thrombotic events

Implications for Development

- We can't always anticipate what the future "issues" are likely to be, but...
- When we can anticipate, we should standardize data collection and definitions across the program (and into the post-approval setting)
- Think about study designs and how they fit together ("meta-design")

What's a statistician to do?

- Play a central role in all of this!

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Evolving Role of Statisticians

Little use of Statistics ==>

“Required” use of Clin Statistics ==>

Tactical use of Statistics ==>

Strategic use of Statistics & “Statistical Thinking”

Industry Perspective: “Then”

- Statisticians were hired to get things through the regulatory agency (mostly in the US)
- Statisticians blessed clinical trial designs with minimal intellectual participation except sample size
- Statisticians focused on trials and manufacturing
- There was very little statistical input outside of “the necessary”, low involvement in non-clinical areas
- Statisticians played a secondary role

Statistician's Role: Now and the Future

- Full and equal partner with basic, clinical & regulatory scientists as articulated in the ICH-E9 document
- Focus on experimental design and development strategy
- Application of statistical thinking throughout the life cycle of a pharmaceutical product
- Parallel development in other disciplines such as epidemiology, genomics, data mining, biomarker development, portfolio evaluation and risk management has expanded statistician's contributions

Scientific Opportunities for Statisticians

- Methods to support all aspects of personalized medicine including biomarkers and subgroup strategy (the payer environment)
- Adaptive strategies at the program level
- Standards for accessing and analyzing electronic health records for effectiveness and safety
- A common framework for risk/benefit assessment

Personal Strategy

- Learn the power of networking as our work environment becomes increasingly more virtual
- Continue to broaden our knowledge base and keep our minds open – we don't know as much as we think we do
- Allow flexibility in our career paths – consider a secondment and **learn non-statistical skills**
- Volunteer and take advantage of opportunities, big and small, to build leadership qualities

Leadership Qualities

- Ability to let go of the small stuff and focus on the big picture
- **Effective communication** – the power of open, frequent, candid (and ARTICULATE) communication
- Leadership by actions – People watch what we do
- Willingness to see things as they are, not as what we wish them to be!!!! (The power of “group think”)
- Wisdom to know when to step in and when to get out of the way

21st Century Pharma Statisticians

- Being technically smart is not enough:
 - Understand the broad clinical, regulatory and public-health context
 - Communicate statistical strengths and weaknesses
 - Know when to “dig your heels in” and when it’s OK to compromise

Authors/Acknowledgements*

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